

#batchofkindness - Towards Friends and Family

Wrote a thank-you letter to some of the people who shaped my life.

Bought flowers for my parents... a little thing, but they seemed happy.

Helping my elderly neighbour clean her apartment.

For a girl I actually don't enjoy shopping much, but today I'm going to take my grandma shopping

8 phone calls, 2 letters and 16 emails later, I've told all the people I love how much I appreciate them.

Gathering clothes and stuff for my cousins to take to our family in Mexico. 😊

Getting my post it notes ready for work. Hugs and smiles are going to be given out as well

Put kind messages on my neighbors cars; I hope I made some of them smile today.



Mowed 3 lawns and painted a shed!

Last week I stayed with a friend's elderly dad while he was away. He wanted to pay me but I told him to keep it and pay it forward.

I cleaned my sister's house when I don't even clean my room.

Visited grandmothers. 😊

I'd like to hug every single one of you so just imagine I do.

Today I'm doing the ironing for my mam because I'm obviously a great daughter, ya know?

Made a vegetarian (because grandmum's vegetarian) taco pie today and had the grandparents over for dinner.

Bought dinner for the family and made a giant cake for everyone to enjoy.



I made cookies for my family today.

Letting my nephews know how proud of them I am.

Cleaning the house, shopping and doing all the chores for mam so she can rest her injured foot

Spent some time with very difficult family member and was "bend over backwards" kind the whole time.

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My #batchofkindness today was to make cookies for the birthday of my dear friend and for my family.

Was with my grandma in the supermarket, now I will cook lunch for the family.

Told my Nan that we'll do the apple harvest for them this year. Gentle telling off for still wanting to do it themselves.

#Batchofkindness present for my brother for his halfprom.

Paid registration for my student to go to a conference.



Making dinner for my parents tonight.

Yesterday we helped an older lady who was desperately seeking for help in the house. We helped her fix the toilet.

Washed the dishes for my mum.

Went shopping for my 85 year old Nana.

#Batchofkindness for daddy!



Sent a grazebox to some friends.

Out of all the #batchofkindness that I did today, my most noteworthy is tolerating my annoying pregnant aunt and I will continue to do so.

Still couldn't decide what should I do for #batchofkindness but I think I'll start with calling my grandma.

Don't forget to give yourself a little #BatchOfKindness today too. You are beautiful, you are smart and you are loved Believe that.

Taking BBQ to my godparents today; they're under the weather.

My #batchofkindness today is to talk nicely to people I usually don't like so much. 😊

Used money saved up for less important things & went grocery shopping for a family with limited means.

Took someone driving who just has learner's permit.

Gave a friend some art supplies for projects for extra cash.

Helped a friend of mine today to cheer up a bit. 😊

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Bought lunch for two friends.

Feeding my crew in the PICU at Arkansas Children's Hospital.



Blew new life into long lost friendships.

Bought a gentleman I work with a Gameboy game at flea market.

Bought my mom and a friend's ticket to Supernatural convention in October.

In the secluded place in middle of nowhere, being my home, I can do only as much as make mum dinner after her long work.

Helping my aunt with PowerPoint

Texted many of my friends this... 🐸👉👈
without an explanation. Just so.

I volunteered to play a role of a group leader when our tourist team was left in London on our own.

Invited my friend to a folk concert in the yard of the castle. We'll be melting but anyway I consider this a #batchofkindness

Do what you usually do not do: be kind and forgiving to YOURSELF. I did 😊

My #batchofkindness will be ever supporting my little sister, living with her when our parents are not here.

#batchofkindness with agoraphobia and rain is hard...but the father was happy to be offered a cuppa!



Snacks for workmates.



TREATS FOR ALL
HELP YOURSELVES 😊

Things to during #batchofkindness: Write letters to the people who are significance in my life. And probably treat my bestie for dinner.

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I was glad that one act of kindness was able to put a smile on my mum's face.

Indoctrinated, errr, introduced several new Sherlockians (kindness or madness or both?)

Today I've been inspired to be just a bit nicer to those closest to me. A bit more patient, loving, & kind with my family.

Watering and tending garden for mum and dad while they vacation. Still counts as #batchofkindness I think

Baked some goodies and gave them to the neighbourhood kids. Made them super happy.

I made pancakes with my mom.

Pet sitting for a neighbor all weekend
Free, of course, it's for #batchofkindness



It doesn't sound like much, but since February I clipped and saved "Box Tops for Education" points, which are on participating grocery items in parts of the US used towards raising funds for schools, and today presented a whole jar full to my coworker who has a child in a school that participates in the program.

Knitting that scarf for my grandad, so he doesn't get cold in the NZ winter. Love you Gramps!

I cleaned and detailed my parents car. Not that that's too big of a deal But I did it for free!!!

Doing chores at the barn where I board Buster so the barn owner can have a rare Saturday off. I'm off to clean horse poop out of stalls. I bet Benedict wouldn't have anticipated that one as a birthday gift!

My act of kindness is for me to be less harsh on myself and believe more.



I've made over 30 notes with positive messages and put them in my neighbours letter boxes. Hope that makes them smile.

Helped two dear friends through a couple of life challenges.

I've been making sure my mum gets a break from all her hard work. She deserves it.

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Took my boss's dogs for a walk so she could spend time golfing

Shared a box of ice lollies with my work colleagues today. They were very grateful!

Let neighbor that lives in nearby apartment wash her doggies in our driveway with our hose.

Several messages and emails later, I've told all of my amazing friends how awesome they are. 😊

So far I made scramble eggs, bacon for my family.

Passing out high fives and hugs at work, everyone has brightened up a bit from it!

Made #batchofkindness candy bags for some friends and for my catsitter ... loved doing it ...



I gave all the little creatures living in our yard (hedgehogs, squirrels, birds) free and safe access to strawberries

Letting all my loved ones know how much they mean to me. Little acts of kindness all day!!

Niece's fish died today. Explained why things have to die. No one explained that to her before; she appreciated it

Going to surprise a friend, who's a Martin Freeman fan, with a trip to London & theatre tickets for Richard III

Helped my grandma in her house.

Bought breakfast for my mum.

Cat/house-sitting for my friends' 4 cats for the past week

Took cookies to work today

Let my man go fishing the whole evening, while I put the kids to bed and clean and wash the summer house for departure.

My #BatchOfKindness is babysitting a friend's baby for the weekend so they can go on a trip. They were very excited to go!

Promised my children I'd bake a cake. Not sure if it's a #batchofkindness or just pleasing my lovely kids!

For #batchofkindness I finally booked travel to visit my mum. I don't feel up for travelling much but she misses me...

Just bought my sister some chocolate she's been wanting for years. She's extremely happy.

Emptied the dishwasher for mum.

Cleaned up my parents' house so it would be nice and shiny when they get back from holiday.

Said I love you to everyone (though I do it everyday).

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Wrote to someone I haven't been in touch with for quite long

Pulled like all the stupid weeds in my parents' garden

This evening I'm picking up a friend after a school trip & taking her home as she is on crutches and can't drive.

I just made a whole load of 'starburst' loom bands and sent them through the post to my friends with a little note telling them why I liked each of them so much. I think from the responses that they all like them a lot and they appreciate me telling them why they are so special to me.

Sent my pen pal a present from across the globe ☺

Took over my parent's household chores after being finished with my own

I sent out some love today and I hope it made people smile if only for a second or two!

Just made a Benedict Cumberbatch themed breakfast and cleaned the house from top to bottom for my parents.

Helped someone who made a mess instead of fussing

Babysitting my little cousin and watching Good Luck Charlie with him even though I hate that show.

Did church work today; seeing the smiles on people's faces was worth it

Making a batch of pizza dough to give to my Mom's home care support worker.

Babysitting for a neighbour, #batchofkindness all day long.

My #batchofkindness for the day is helping my sister de-louse her children. :-I

Sending this little chap to the son of one of my Facebook friends who can use him more than 42 year old me!



Hugged my mum out of nowhere.

Cleaning the house while my parents are still asleep

Baked muffins for my neighbor

Hoovered out a friend's car, very busy lady, 2 small children, she always says her car looks like a tip.

Decided to wash my little brother's car for him today.

I picked up a co-worker's shift so she wouldn't have to work after going to a funeral.

Just offered friend who recently passed her driving test some practice/guidance on motorway if she wants it.

Cut the neighbour's part of the front lawn we share.

Bought a little girl watercolours, she loves to paint and had none.

Cleaned the entire house for my parents because they needed a day off.

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I planted a perennial garden in front of St. Joseph's Church in Brewer. It will last forever so all may enjoy its beauty.

I collect my friend's child from school every Tuesday & mind her for a few hours so she doesn't have to pay for childcare.

Cleaning the house for my parents - they might be shocked how clean it is when they get home.

Baked cakes for my friends' birthdays.

treats for the office



Gave my pianist a bit extra today, since we've had a hellish couple of weeks coordinating practices but we've made it work.

Surprising the neighbors with an impromptu outdoor concert! #Mozart #ClarinetConcerto

I still have half a giant chocolate cake to shift! I think I'll divide it up and deliver some to friends' houses tonight

I woke up early to have breakfast with my family and helped cleaned up...it was a small gesture but they loved it!

Spent time with friends & helped my mother.

I helped my dad with the groceries.

Reconnecting with old friends and thanking them for the many wonderful years of friendship & love.

spent time talking to a friend battling with depression. found out later she was thinking of suicide.

To start the #batchofkindness, I went to my sister's bedroom and gave her a loooooong hug... she gave me the cutest smile 😊

Made the whole family breakfast in bed

Gave an elderly person a ride home.

Going to bake a cake for my parents and their friends, and watch Sherlock with my little brother.

Helped a lady in my building to move and with the phone calls and paperwork for the move! Now that the moving is done, I'm taking the lady grocery and supply shopping. Kindness is infectious.

Because you love literature and were once even an English teacher like me ... I have decided to help provide my local students with summer reading books.

Ahh helped my Grandparent with tea today. Feeling good 😊

Helping my mom with random little things.

My next step is to talk to my friend I haven't seen that much, & help out more in the house! Today feels like a good day to give back.

Went Craig's List car shopping with the husband. Least favorite activity done with a smile.

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All of today I've taken care of my mother while she was in an immense amount of pain.

My friend is a former hair model going through chemo. I cut my hair with her & donated the hair I cut to Locks of Love.

Helped my parents in the garden and in the kitchen.

Brought a smoothie to a friend!

I carried an elderly couple's luggage up three flights of stairs today.

I took a cake to my sick neighbor.

I am showing my gratitude towards my friends for their #batchofkindness by sending them these!

Made a surprise phone call to my lovely grandparents.



Sneakily doing the laundry and some house cleaning for my mum while she's away for the weekend.

Yes, I did make a cake for Benedict's birthday, and yes, I will be sharing it with the neighbours.

Brought a batch of scones for co-workers.

I bought my mother in law some local honey at the farmers market today because she's not able to get out on her own.

I tried really hard to make this day brighter for my family.

Prepared dinner and cookies for my family to eat outside later today 😊 There are few things in life I hate more than cooking and baking.

In honor of Benedict's birthday, my family and I made a batch of cookies for our neighbors. We delivered them with a blue ribbon (to match Benedict's eyes). 😊

My kiddos colored a page for our mailman and we left it in our mailbox for him to read when he delivers our mail this afternoon.

I went to the morning market to do some shopping without being asked.

Today I gave a box of donuts to my family doctor and staff. It feels so good to give back to someone that is a big help to you for a very long time...



